

How to find us

Children's Health Service
Crowndale Health Centre
59 Crowndale Road
London
NW1 1TU

Tel: 020 3317 2400

Out of hours Emergencies:
020 3317 3500

Tube:
Mornington Crescent
(Northern Line, Charing Cross Branch)

Train:
Euston, Kings Cross, St Pancras

Bus:
24, 27, 29, 46, 134, 168, 214 and 253

Communication and Language Support

If you require a language interpreter (including British Sign Language) or communication support, please contact us. We recommend contacting us as far in advance as possible. You can also contact us if you would like this leaflet in large print, easy read, Braille, audio format or in another language.

Confidentiality

Use of personal data is protected by the Data Protection Act 1998. For information about accessing your health records please contact Information Governance on (Tel) 020 7685 5954

Comments, compliments, complaints

We welcome your views on our service. Please contact the Patient Support Service:

Patient Support Service
Camden Primary Care Trust
Freepost RRCA-BXHE-HUSR
London
NW1 0PE

Tel: 020 3317 3003
Minicom: 020 3317 2890
Fax: 020 3317 2880
E-mail: pss@camdenpct.nhs.uk

www.camdenproviderservices.nhs.uk

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Looked After Children Health Service



Your Health Assessment

Information for Young People
and Foster Carers

CPS LAC 05/10 001



Camden Provider Services

Your Health Assessment

The team at the Crowndale Health Centre is there to help you stay healthy.

This leaflet explains what will happen when you come for your regular health assessment.

It also tells you how to get health advice or treatment from the team at other times, if and when you need it.

What is a health assessment?

A health assessment is just a regular check-up. We are required by law to do this once a year for all looked-after children. Children under five years old have two assessments each year.

What happens at my assessment?

At your first health assessment you will see a doctor. The doctor will ask you some questions about your health, and any worries you may have. He or she will check your:

- height
- weight
- hearing
- eyesight
- overall health.

After your first visit, you will see a nurse when you come for your annual assessment. Again, he or she will ask you about your health and how you are getting on at school.

Can I make an appointment at other times?

Yes. You can arrange an appointment through your key worker, social worker or foster carer. Or you can make an appointment yourself, by calling the centre on

Tel: 020 3317 2400/2409/2421

You can make an appointment if you want to:

- discuss a health concern you have, and get any treatment as needed
- talk to someone about issues such as sexual health, drug use, or emotional problems.

If necessary, we can refer you to be seen by another NHS service, such as a GP, hospital clinic or specialist service.

We also provide:

- immunisation updates – to keep you protected against common conditions
- advice and information for foster carers – on child development, emotional and behavioural difficulties, diet, nutrition and common health problems.

Can I be seen on my own?

Your carer or key worker will normally come with you for an appointment. However, if you are 11 or older you can choose to see the nurse or doctor by yourself. Your carer or key worker will be asked to wait in reception.

Should I come to the centre instead of seeing my own local GP?

It's up to you. You can choose to make an appointment with your own GP. Some young people prefer to come to the centre because we offer appointments at different times of the day. We may also be less busy than some GP surgeries, which means the doctor or nurse has more time to discuss things with you.

Who will know about my care and treatment?

Your medical records will stay with the Looked After Children's Health Team. Only a summary of your health assessment will be sent to your social worker, GP and any other person you agree for us to send it to.

