

# Camden REACH

## Local support and rehabilitation



## Information for patients and carers

Please tell us if you need this leaflet in

- larger print
- spoken on a CD
- Braille
- another language



# What does Camden REACH do?



The Camden REACH team provides:

- **Rehabilitation** services and
- Support services



**Rehabilitation** means helping a patient to get back some or most of the skills they had before they were ill or injured.

For example, **rehabilitation** after a stroke may help a patient to walk safer or swallow solid foods again.



Our services allow you to live independently at home or a place of your choice.

And help you to live there as long as possible.

# The Camden REACH team

There is a wide range of health and social services staff in the REACH team.



- Physiotherapists

Physiotherapists can help you with walking, balance, strength and movement.

- Occupational Therapists

Occupational Therapists can help you re-learn skills, so you can try them on your own.



- Enabling Support Workers

They are health care workers who will help you practice the skills you have learn with your therapists.



- Rehabilitation Assistants

- Psychologists

Psychologists can give you emotional support and help with difficulties like memory loss.

- Social Workers

- Speech and Language Therapists

- Nurses

- Doctors

- Dieticians

# What we do

The Camden REACH service has four aims.

## 1. MORE INDEPENDENCE



If you are finding it hard to get around at home. Camden REACH can help.

We can provide support and **rehabilitation** to help you to carry on doing the important things in your life.

## 2. BETTER HEALTH



If you think your health is getting worse we can visit you at home.

We can talk to you about your health and social care needs - this is called a Needs Assessment.



Then we can support you at home with a mix of services, including:

- Therapy services,
- Medical services,
- Nursing support, and
- Home care services.

### 3. MAKING IT EASIER FOR YOU TO LEAVE HOSPITAL



to



If you are at hospital we can make sure your return to home is as smooth as possible.

Once you are home we will make sure you get the support and **rehabilitation** you need.

### 4. REDUCING THE NUMBER OF FALLS YOU HAVE



If you recently fell over, or if you often fall over, our special service can support you. They will work with you to reduce:

- The number of times you fall over.
- The chances of you falling over again

## Using the service

If you think the REACH service could be for you, please get in touch.

You can also speak to your GP, district nurse or social worker. And they will speak to us on your behalf.

## Your health records



By law all patients can see their health records.

If you want to see your records or you want to find out more please call

**Tel: 020 7685 5954**

## Interpreting and Communication Support



This service supports patients whose first language is not English.

It also supports patients who have difficulty hearing people.

## Get in touch



Call us on

**Tel: 0845 900 0684**



Write to us at

- **Camden REACH (North)**  
2nd Floor  
197 Kentish Town Road  
London NW5 2JU
- **Camden REACH (South)**  
St Pancras Hospital 2nd Floor  
4 St Pancras Way  
London NW1 0PE

# Tell us what you think



NHS Camden Provider Services wants to know what you think about local health services.

Please get in touch with the Patient Support Service (PSS) if you would like to comment on this service.

**Tel: 020 3317 3003**  
**Minicom: 020 3317 2890**  
**Fax: 020 3317 2880**



E-mail: [pss@camdenpct.nhs.uk](mailto:pss@camdenpct.nhs.uk)

Web: [www.camdenproviderservices.nhs.uk](http://www.camdenproviderservices.nhs.uk)

## Or you can write to

Patient Support Service  
NHS Camden  
Freepost RRCA-BXHE-HUSR  
London  
NW1 0PE

You don't need to use a stamp.