

Your Stroke REDS Team

**Available Monday – Friday,
9am to 5pm**

- Occupational Therapist

Name:

Tel:

- Physiotherapist

Name:

Tel:

- Speech and Language Therapist

Name:

Tel:

- Social Worker

Name:

Tel:

Confidentiality

Use of personal data is protected by the Data Protection Act. For information about accessing Health Records please contact our Information Governance Manager on (Tel) 020 7685 5954.

Comments, compliments, complaints

We welcome your views on our service. Please contact our Patient Advice and Liaison Service:

Patient Advice and Liaison Service
(PALS)

Camden Primary Care Trust
Freepost RRCA-BXHE-HUSR
London, NW1 0PE

Tel: 020 7530 6315

Minicom: 020 7530 3186

Fax: 020 7530 3991

E-mail: pals@camdenpct.nhs.uk

Please contact us if you would like this leaflet in large print, Braille, audiotape or in another language

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Visit: www.camdenproviderservices.nhs.uk

CPS RD CR 01/09 001

Stroke REACH

Early Discharge Service



Service Information



About Stroke REDS

We will support you when you return home after a hospital stay. Our care and support will help you become as independent as possible, as soon as possible.

Our continuing therapy programme will help you:

- continue to do things that are important to you.
- become more independent.
- make a faster recovery.

The programme includes visits by therapists and enabling carers. With their help, you can practise walking, dressing, cooking and bathing.

Your social worker will also visit you regularly to check how your programme is progressing.

The team includes: physiotherapists, occupational therapists, speech and language therapists, psychologists, rehabilitation assistants, dieticians,

nurses, social workers and community enabling carers.

Accessing the service

You can access the service if you meet all the following criteria:

- You are a Camden resident aged 18 years or over
- You are returning home from hospital after a stroke
- You need short-term help to return to your usual lifestyle

How it works

While you are in hospital we will talk to you about your likely needs and any specific concerns you may have about returning home.

We will then plan a therapy programme with you. Once you return home we will review this plan as necessary.

We may ask to visit your home before you leave hospital to identify any potential problems. We can then arrange for any additional equipment or support you may need.

When you are discharged from hospital, we will escort you home, settle you in and show you how to use any special equipment we may have provided.

We will also ensure you have essential food in stock e.g. bread, milk.

Length of programme

Usually Stroke REDS can offer support for up to 6 weeks. If you need a longer period of rehabilitation, we will refer you to the Community REACH service for continuing therapy.

